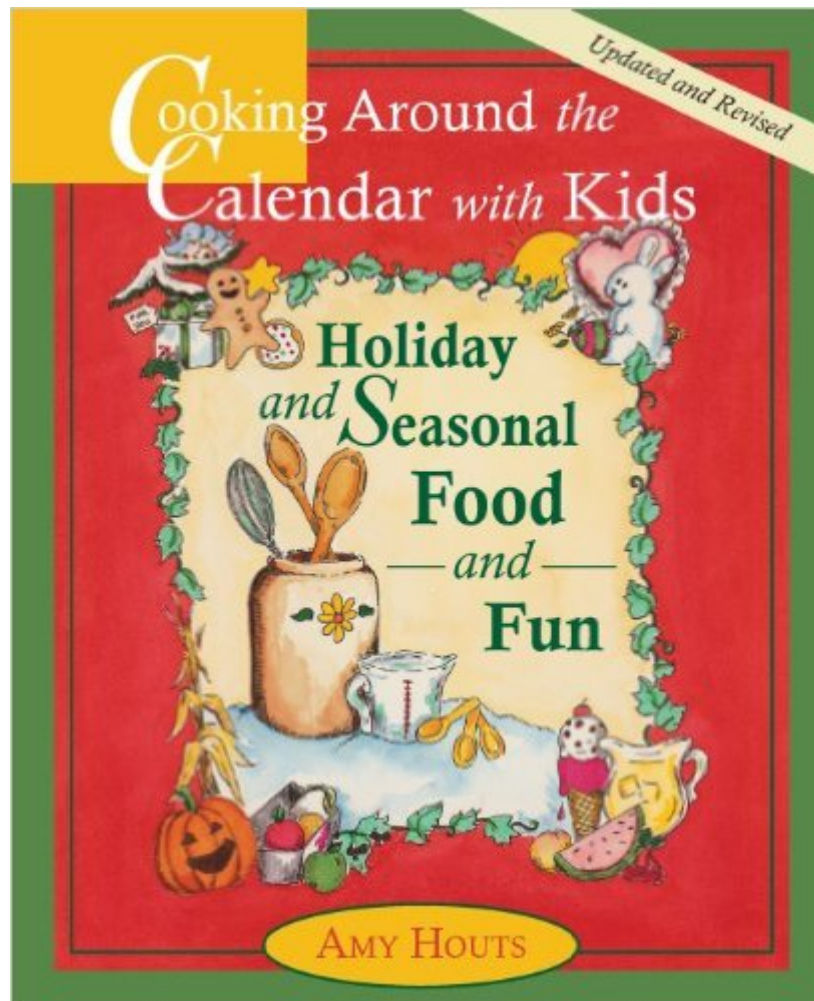


The book was found

Cooking Around The Calendar With Kids: Holiday And Seasonal Food And Fun



Synopsis

First Place Major Work Award - Missouri Writers Guild Helps children celebrate the changing seasons with seasonal food and fun activities. Included are bits of history and culture, great field trip ideas, and family gift suggestions that can keep kids cooking all year long. Involving children in food preparation activities not only helps children learn to cook but provides them with many other hands-on learning experiences. It can even trigger meaningful traditions for holidays, events, and special or everyday occasions.

Book Information

Perfect Paperback: 128 pages

Publisher: Images Unlimited Publishing; Updated and Revised edition (April 14, 2014)

Language: English

ISBN-10: 0930643127

ISBN-13: 978-0930643126

Product Dimensions: 7.5 x 0.3 x 9.2 inches

Shipping Weight: 4 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (5 customer reviews)

Best Sellers Rank: #3,358,793 in Books (See Top 100 in Books) #45 inÂ Books > Children's Books > Holidays & Celebrations > Independence Day #1653 inÂ Books > Children's Books > Holidays & Celebrations > Non-religious #1774 inÂ Books > Children's Books > Children's Cookbooks

Age Range: 5 - 12 years

Grade Level: 3 - 6

Customer Reviews

"So Much More Than A Cookbook", a statement on the back cover of "Cooking Around the Calendar With Kids", is an accurate description of this delightful source book. The introduction explains the reasons for our food choices including weather, holidays, location, harvest times, and family traditions. The author uses the simple means of cooking to incorporate a variety of important skills for children. These skills range from learning about healthy eating, kitchen safety, sports nutrition and the changing seasons to spending quality time with family members (including dad!). Children are taught to give of themselves (while also raising self esteem) by making simple holiday food gifts such as honey butter, spice mix, soup mix, or chocolate chip cookies in a jar. Each page is 'jam packed' with simple, healthy recipes and wonderful ideas. This book is a valuable resource for

anyone in contact with young children whether a child care provider, parent, grandparent or next door neighbor.P.S. Click on "See all editorial reviews... " above for more info. ;-)

Amy Houts has given us a guidebook for involving our children in cooking and preparing food. The book provides hands-on activities to help teach children be grateful for the marvelous gift of food. The book provides a variety of mouth watering recipes, instructions, and valuable background information on the origin of holidays, customs, and family tradition. Material is arranged in order of the four seasons. Within each season the author also considers weather, holidays, location, harvest, and family traditions. I especially appreciated the pointers and tips on a variety of subjects including: safety in the kitchen, table manners, back to school breakfast ideas, lunch box ideas, a cookie baking exchange party, simple holiday gifts from the kitchen, creating invitations and telephone etiquette when planning an event, guidelines for athletes, and many more. The book is particularly timely in this day when there is a national concern for the rising problem of obesity among children. The suggestions in this book offer an alternative to fast food diets, and encourage nutritional awareness among family members. Another positive result of these activities is the quality time parent spends with their child in accomplishing meaningful tasks together. "Cooking Around the Calendar with Kids" has received the 'Book Achievement Merit Award' from the Midwest Independent Publishing Association and is highly acclaimed by experts in the field of child development, children's nutrition, and children's literature. This is an excellent book for parents, grandparents, and a good choice for gift giving on any special occasion.

Theme: Kids experiencing cooking and a helpful hand. Thesis: Cooking with Children is about sharing food and fun, establishing traditions within the family, and cherishing the moments spent together in all seasons of the years (holidays) and cooking (with kids). Author: Amy Houts The author conveys and recommends family recipes that children and family members would enjoy seasonally. The author succeeded and presents evidence to support this evaluation. Information about food safety, as well as safety in the kitchen is included. Pictures/illustrations are included with a few writings (history) about the holidays that children will then become educated. The layout, copy, as well as the size of the book is relevant to what attracts readers. It aids in understanding, sharing, cherishing, and passing on traditions to your children. (Images Publishing.)

This book is so interesting, and I even learned things about foods that I didn't know! I was looking for ideas for holidays, especially with Summer just around the corner. This book helps kids not only

by explaining foods, but also the history behind using certain foods for certain holidays. It is overall a very good book, and I would recommend it to any parent whose children are interested in helping with the cooking!

Recent statistics say that the nuclear family rarely shares meals, but we all have to eat, don't we? Why not get the kids involved in the meal preparation? Houts covers the seasons with simple and fun recipes that turn every day into a holiday celebration, including nutrition, food presentation, and kitchen safety.

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